

cynergy dance 2026 spring semester class schedule

Monday Studio A			Monday Studio B		Monday Studio C		
3:45-4:30	Pre-Ballet Tap	Level 1-2	4:00 - 4:45 Tap (6-9yrs)	Level 3	4:00-4:30	Warm-Up Conditioning	Level 5
4:30 - 5:30	Ballet (4-5 yrs)	Level 2	4:45 - 5:30 Jazz (6-9yrs)	Level 3	4:30 - 5:15	Jazz/Lyrical (10yrs+*)	Level 5
5:30 - 6:30	Ballet (6-9 yrs+*)	Level 3	5:30 - 6:15 Hip Hop (6-9yrs)	Level 3	5:15 - 6:00	Leaps & Turns *	Level 5/6
6:30 - 7:45	Ballet (10yrs+*)	Level 5	6:15 - 7:00 Jazz (10yrs+)	Level 4	6:00 - 7:00	Ballet *	Level 6
7:45 - 8:30	Adult Contemporary/ Lyrical	Adult	7:00-7:45 Tap (10yrs+)	Level 4	7:00 - 7:45	Contemporary/Modern*	Level 6
8:30-9:15	Adult Jazz	Adult	7:45-8:30 Lyrical (10yrs+)	Level 4	7:45 - 8:30	Tap *	Level 5/6
					8:30 - 8:45	Improv *	Level 5/6

Tuesday Studio A			Tuesday Studio B			Tuesday Studio C		
9:30 - 10:15	Ballet Tap Jazz (2-3yrs)	Level 1	4:00-4:45	Pre-Ballet (3-4yrs)	Level 2/3	4:30 - 5:30	Ballet*	Level 5
10:15 - 11:00	Ballet Tap Jazz (4-5yrs)	Level 2	4:45-5:30	Lyrical	Level 3/4	5:30 - 6:30	Acro*	Level 5/6
4:00 - 4:45	Leaps & Turns & Conditioning	Level 3/4	5:30-6:15	Pre-Ballet Tap 2-3yrs)	Level 1	6:30 - 7:15	Jazz / Lyrical*	Level 6
4:45 - 5:45	CDSA Team Lyrical	Level 3 /4	6:30-7:15	Contemporary	Level. 4	7:15 - 7:45	Pre Pointe*	Level 6
5:45 - 6:30	Hiphop (6-9 yrs)	Level 3/4	7:00-7:45	Jazz	Level 4	7:45 - 8:45	Ballet*	Level 6
6:30 - 7:15	Hiphop*	Level 5	7:45-8:30	Open		8:45 -9:00	Improv*	Level 5/6
7:15 - 8:00	Leaps & Turns*	Level 5						
8:00 - 8:45	High school Leaps & Turns*	Level 5/6						

Wednesday Studio A			Wednesday Studio B			Wednesday Studio C		
4:00-5:00	Folklorico *CDSA	Level 3/4	4:15-5:00	Lyrical	Level 4	4:00-4:45	Leaps, Turns & Conditioning	Level 3/4
5:00-5:45	Folklorico (4-7yrs*)	Level 2/3	5:00-5:45	Jazz	Level 3/4	4:45- 5:45	Ballet	Level 3/4
5:45-6:45	Folklorico *(8 yrs+)	Level 4/5	5:45 - 6:45	Hip Hop- Class	Level 3/4	5:45 - 6:45	CDSA Team Jazz	Level 3/4
6:45-7:45	Folklorico (14yrs+)	Level 6	6:45-7:30	Musical Theatre	Level 4	6:45 - 7:30	HipHop*	Level 6
7:45-8:30	Adult Tap		7:30-8:15	Jazz	Level 4	7:30- 8:15	Leaps & Turns*	Level 6
8:30-9:15	Adult Jazz		8:15-9:00	Open Class		8:15 - 9:00	High school Leaps & Turns*	Level 4/6

THURSDAY STUDIO A			THURSDAY STUDIO B			THURSDAY STUDIO C		
4:00 - 4:45	Ballet	Level 3/4	4:00-4:45	Lyrical	Level 5	4:00 - 4:45	Tumbling (4-7yrs)	Level 1/3
4:45 - 5:45	CDSA Team Musical Theatre	Level 3/4	4:45-5:30	Contemporary	Level 5	4:45 - 5:30	Acro**	Level 3/5
5:45 - 6:45	CDSA Team Contemporary	Level 3/4	5:30-6:15	Musical Theater/Jazz	Level 5	5:30 - 6:15	Acro**	Level 4/6
6:45 - 7:45	Contemporary /Lyrical	Level 4/5	6:15-7:00	Jazz	Level 5/6	6:15 - 7:45	Level 5 CDSA TEAM	Level 5
7:45 - 8:45	High school Leaps & Turns*	Level 4/6	7:00-7:45	Open Class	Level 4/5	7:45 -9:00	Level 6 CDSA TEAM	Level 6

SATURDAY STUDIO A		
9:00 - 9:45	Pre Ballet,Tap,Jazz (3-4yrs)	Level 1
9:45 - 10:30	Ballet,Tap,Jazz * (5-8yrs)	Level 2
10:30 - 11:00	Creative Movement 2-3yrs	Level 1
11:00-11:45	Lyrical/Jazz* (6-9yrs)	Level 3-4
11:45-12:30	Leaps & Turns* (6-9yrs)	Level 3-4
12:30-2:00	TEAM'S MONTHLY PRACTICE	

CLASSES TAKEN PER WEEK	MONTHLY TUITION
1 CLASS	\$72
2 CLASSES	\$110
3 CLASSES	\$150
4 CLASSES	\$190
5 CLASSES	\$220
6 CLASSES	\$250
7 CLASSES	\$275
8 CLASSES	\$300
9 CLASSES	\$325
10 CLASSES	\$350
UNLIMITED	\$375

SATURDAY STUDIO C	
CDSA Monthly Team Practice 9am-12pm or 1-4pm	
DROP IN CLASS RATE	
\$18 PER CLASS	
PLEASE CALL OR TEXT TO CONFIRM CLASS AVAILABILITY FOR DROP IN	

STUDIO RENTAL & PRIVATE LESSONS AVAILABLE	REGISTRATION FEE	CLASS CURRICULUM LEVELS
STUDIO RENTAL STARTS @ \$35 PER HOUR (NON-REGISTERED STUDENT RATE) PRIVATE LESSON RATES START AT \$45 PER HOUR WITH STUDIO RENTAL ADD \$20. PLEASE CONTACT US FOR SOLO/GROUP DANCE CHOREOGRAPHY RATES	\$45 PER DANCER, ADD \$25 PER SIBLING DUE AT TIME OF REGISTRATION  CYNERGY-DANCE.COM	LEVEL 1: INTRODUCTION TO DANCE & MOVEMENT FOR AGES 2-3 LEVEL 2: INTRODUCTION BEGINNER DANCE SKILLS FOR AGES 4-6 LEVEL 3: ELEMENTARY TO ADVANCED BEGINNER FOR AGES 6-8 ** (* LEVEL ASSESSMENT REQUIRED) LEVEL 4: BEGINNER TO INTERMEDIATE DANCE FUNDAMENTALS FOR DANCERS AGE 9+ LEVEL 5: INTERMEDIATE TO ADVANCED DANCE LEVEL TRAINING AGES 10+ ** (LEVEL ASSESSMENT REQUIRED) LEVEL 6: ADVANCED LEVEL DANCE TRAINING ** (LEVEL ASSESSMENT REQUIRED)