

FALL/SPRING 2026-2027 Dance SCHEDULE

Monday

STUDIO A			STUDIO B			STUDIO C		
3:30-4:00	CREATIVE MOVEMENT EXPLORATION 2YRS	LEVEL 0	4:15-5:00	HIP HOP (4-5 YRS)	LEVEL 2/3	4:00-4:30	WARM-UP/CONDITIONING	LEVEL 5/6
4:00-4:45	PRE-BALLET & TAP 3-4 YRS	LEVEL 1	5:00-5:45	JAZZ /K POP (6-9YRS)	LEVEL 3/4	4:30-5:30	LEAPS & TURNS	LEVEL 6
4:45-5:30	BALLET 5-6 YRS	LEVEL 2	5:45-6:30	LYRICAL	LEVEL 5	5:30-6:30	BALLET	LEVEL 6
5:30-6:30	BALLET 7-10 YRS	LEVEL 3/4	6:30-7:15	JAZZ	LEVEL 4/5	6:30-7:45	CDSA TEAM CHOREO CONTEMPORARY/JAZZ	LEVEL 6
6:30-7:30	BALLET	LEVEL 5	7:15-8:00	CONTEMPORARY	LEVEL 4/5	7:45-9:00	CDSA TEAM TAP CHOREO	LEVEL 6
7:45-8:45	LYRICAL/JAZZ	ADULT						

Tuesday

4:00-4:30	CONDITIONING	LEVEL 4/5	5:00-5:45	JAZZ	LEVEL 3/4	4:00-4:30	CONDITIONING	LEVEL 5/6
4:30-5:15	LEAPS & TURNS /Break	LEVEL 4/5	5:45-6:30	HIP HOP	LEVEL 3/4	4:30-5:15	LEAPS & TURNS /Break	LEVEL 5/6
5:30-6:30	CDSA TEAM CHOREO MUSICAL THEATRE	LEVEL 3/4	6:45-7:30	JAZZ	LEVEL 4/5	5:30-6:30	ACRO	LEVEL 5
6:30-7:15	HIP HOP	LEVEL 5/6	7:30-8:15	LYRICAL	LEVEL 4/5	6:30-7:30	TEAM CHOREO- CONTEMP -ZOEY	LEVEL 5
7:15-8:00	CONTEMPORARY	LEVEL 5/6				7:30-8:45	PRE-POINTE/BALLET	LEVEL 5/6
8:00-8:45	LEAPS & TURNS HS	LEVEL 5-6				8:45-9:00	IMPROV	

Wednesday

4:00-4:45	FOLKLORICO CDSA TEAM	LEVEL 4/5	4:15-5:00	LYRICAL 6-9 YRS	LEVEL 4/5	4:00-4:45	LEAPS, TURNS & CONDITIONING	LEVEL 4/5
5:00-5:45	FOLKLORICO 4-7 YRS	LEVEL 2/3	5:00-5:45	JAZZ 6-9YRS	LEVEL 3/4	4:45-5:45	BALLET	LEVEL 4/5
5:45-6:45	CDSA TEAM CHOREO JAZZ	LEVEL 3/4	5:45-6:45	FOLKLORICO	LEVEL 5	5:45-6:45	TEAM CHOREO JAZZ- ZOEY	LEVEL 5
6:45-7:45	LEAPS & TURNS	LEVEL 5	6:45-7:30	CONTEMPORARY	LEVEL 5	6:45-7:45	CDSA TEAM HIP HOP -ZOEY	LEVEL 6
7:45-8:45	ADULT TAP	LEVEL 4				7:45-8:30	LEAPS & TURNS & CONDITIONING	LEVEL 6
						8:30-8:45	IMPROV	LEVEL 6

THURSDAY

4:00-5:00	BALLET	LEVEL 4/5	4:00-4:45	BALLET TAP JAZZ 4-5 YRS	LEVEL 2/3	4:00-5:00	ACRO/TUMBLING	LEVEL 3/4
5:00-5:45	LEAPS & TURNS	LEVEL 4/5	5:00-5:45	MODERN 5	LEVEL 5/6	5:00-5:45	ACRO	LEVEL 4/5
5:45-6:45	CDSA TEAM LYRICAL	LEVEL 4/5	5:45-6:45	LYRICAL	LEVEL 5	5:45-6:45	ACRO	LEVEL 5/6
6:45-7:30	CONTEMPORARY	LEVEL 5/6	6:45-7:30	TAP	LEVEL 5/6	6:45-7:30	MUSICAL THEATRE/JAZZ	LEVEL 5
7:30-8:30	HIGH SCHOOL LEAPS & TURNS	LEVEL 4/6	7:30-8:15	JAZZ	LEVEL 5/6	7:30-8:30	BALLET	LEVEL 5/6
						8:30-8:45	IMPROV	LEVEL 5/6

Friday

PRIVATE LESSONS SCHEDULED LESSONS OR STUDIO RENTAL ONLY			PRIVATE LESSONS SCHEDULED LESSONS /STUDIO RENTAL ONLY			PRIVATE LESSONS SCHEDULED LESSONS /STUDIO RENTAL ONLY		
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SATURDAY

9:00-9:45	BALLET TAP 4-5 YRS	LEVEL 2	FOR DANCE TUTION DETAILS WWW.CYNERGY-DANCE.COM STIBLING & MILITARY DISCOUNTS AVAILABLE HOME-SCHOOL GROUP CLASSES AVAILABLE!	9:00-12:00	CDSA TEAM REHEARSALS
9:45-10:15	CREATIVE MOVEMENT 2-3 YRS	LEVEL 3		1:00-5:00	CDSA TEAM REHEARSALS
10:15-11:00	BALLET TAP JAZZ 6-10 YRS	LEVEL 3/4			
11:00-11:45	LYRICAL 7-10 YRS	LEVEL 3/4			
11:45-12:30	LEAPS & TURNS	LEVEL 3/4			